

Important exam topic!

# Heat and Energy

*Understanding the Fundamentals, Effects, and Environmental Impact*

*Focus on thermodynamics laws and climate link*

to welcome  
my will lin  
ality!



Module 1: Physics in  
the Environment ✓ Oct 26

# THE FUNDAMENTALS

## ENERGY

**Definition:** The ability to do work.

**Key Concept:** Energy exists in many forms (stored or active).

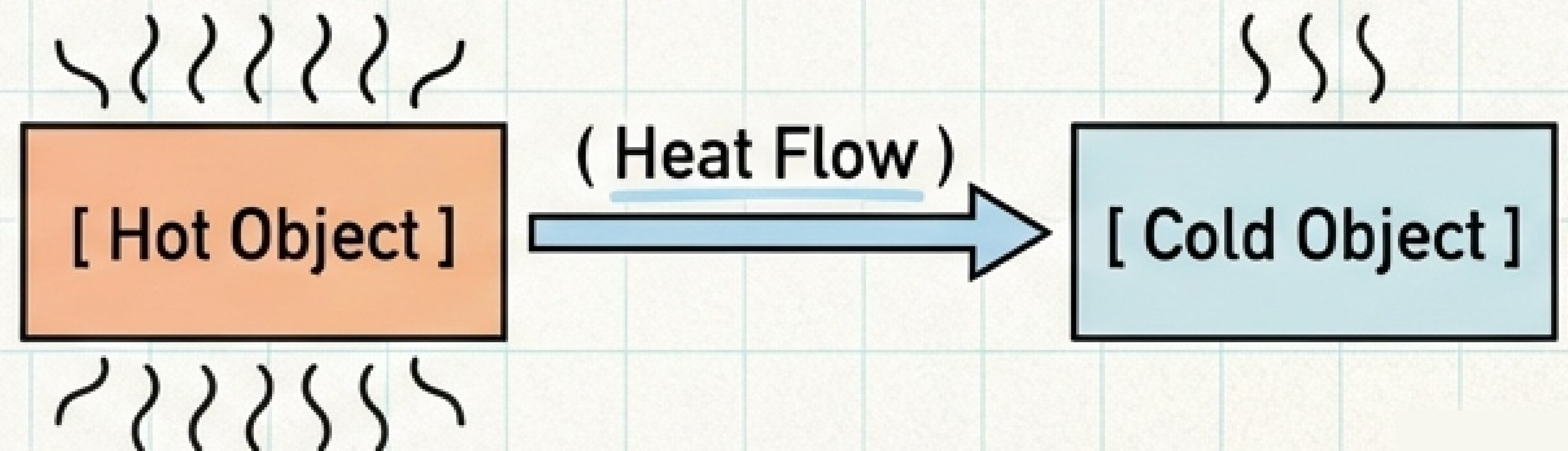
## HEAT

**Definition:** A form of energy that flows.

*Remember the rule!*

**Direction Rule:** Flows from a HOTTER object to a COLDER object.

**Condition:** Flow occurs due to a temperature difference.

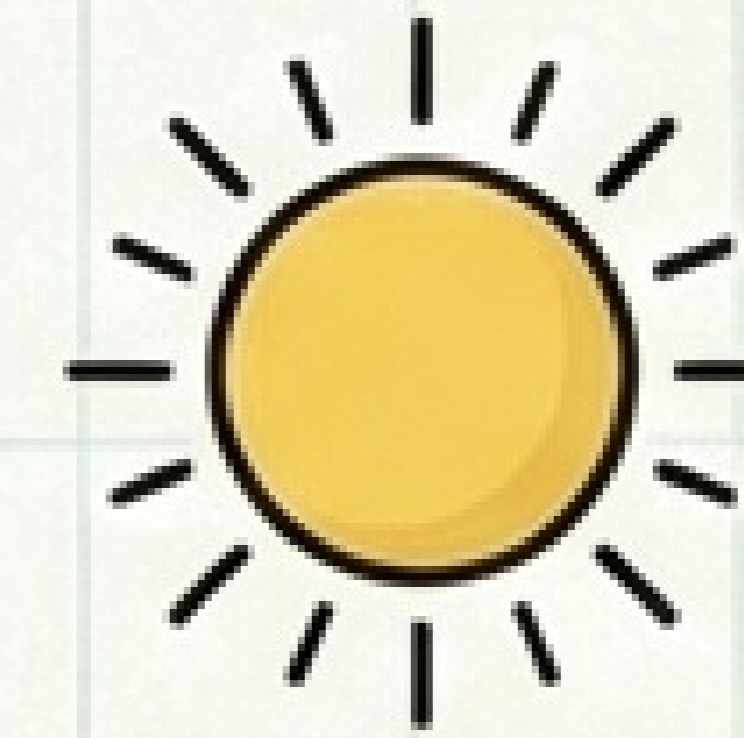


# FORMS OF ENERGY

1. **Heat Energy:** Energy due to temperature.



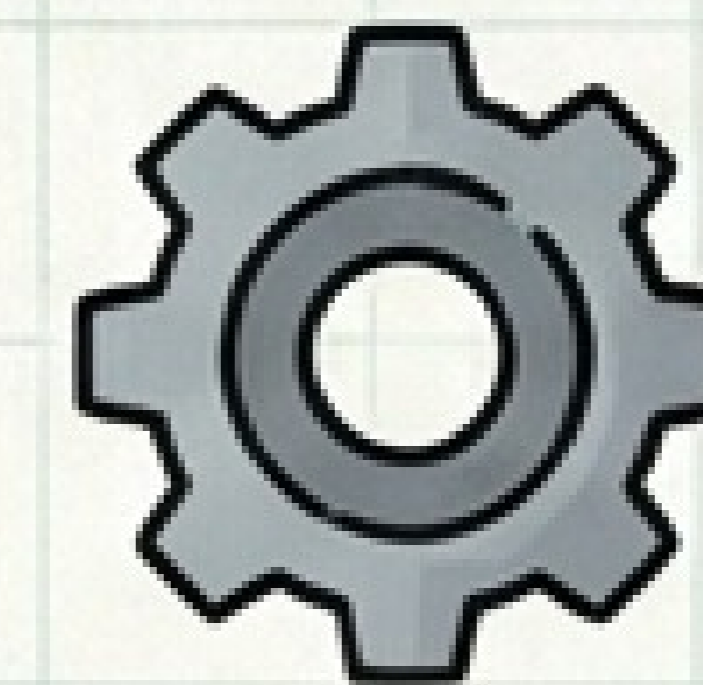
2. **Light Energy:** Energy derived from the Sun.



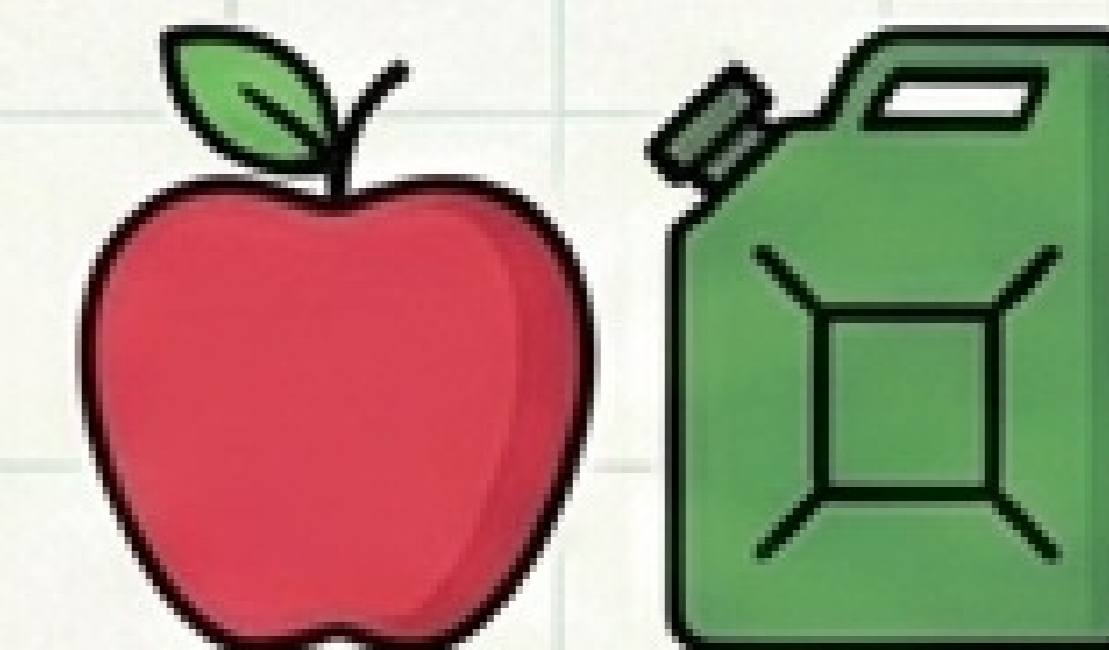
3. **Electrical Energy:** Energy from electric current.



4. **Mechanical Energy:** Energy related to motion and position.



5. **Chemical Energy:** Energy stored in fuels and food.



*Remember: Energy can transform from one form to another.*

# TEMPERATURE AND MEASUREMENT

## DEFINITION

The **measure** of how hot or cold an object is.

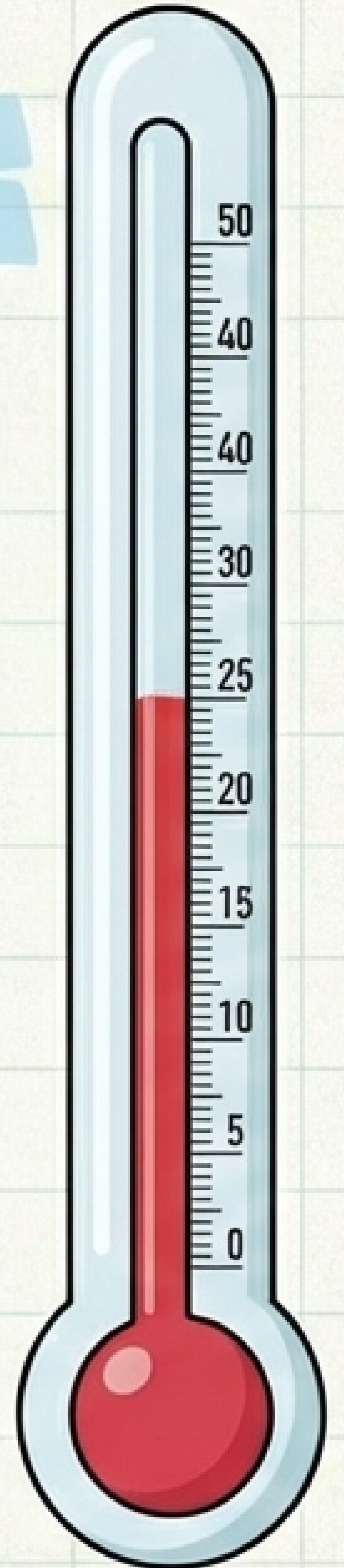
*Remember the scale!*

## THE TOOL

**Measured** using a **thermometer**.

## THE SCALE

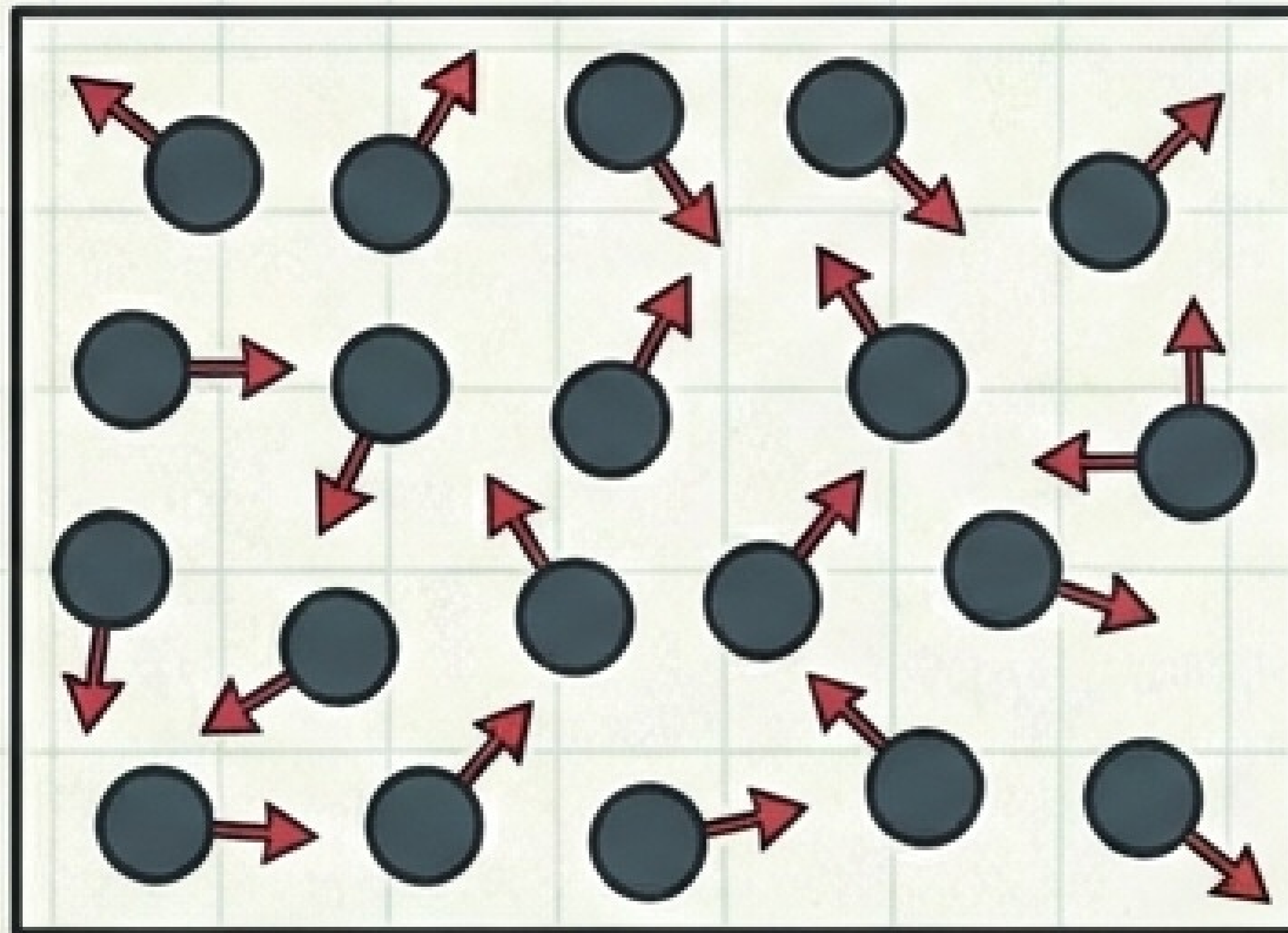
**Recorded** in **degrees Celsius ( $^{\circ}\text{C}$ )**.



# EFFECTS OF HEAT ON MATTER

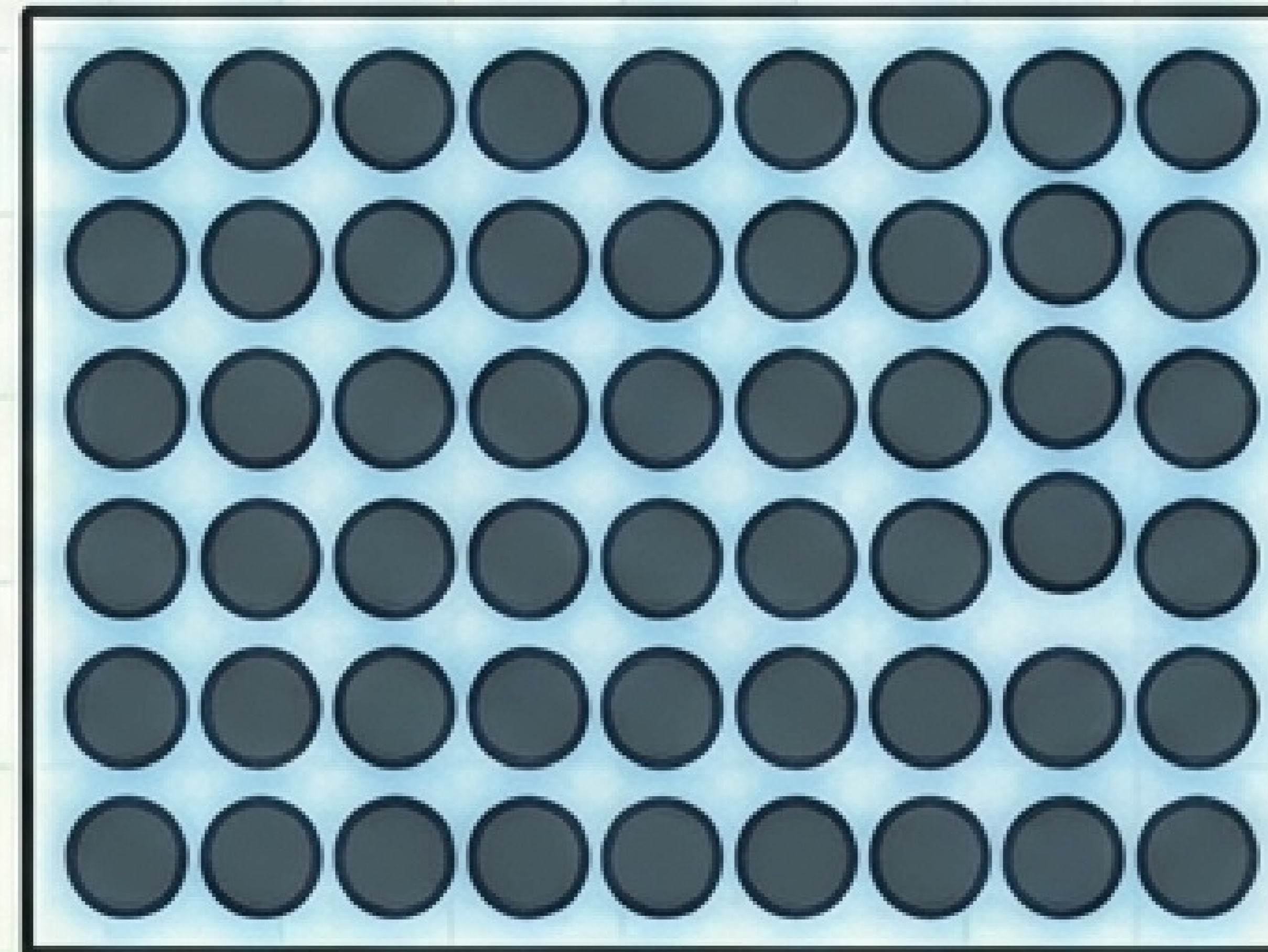
## Expansion

**Action:** Heating →  
**Result:** Most substances expand.



## Contraction

**Action:** Cooling →  
**Result:** Substances contract.



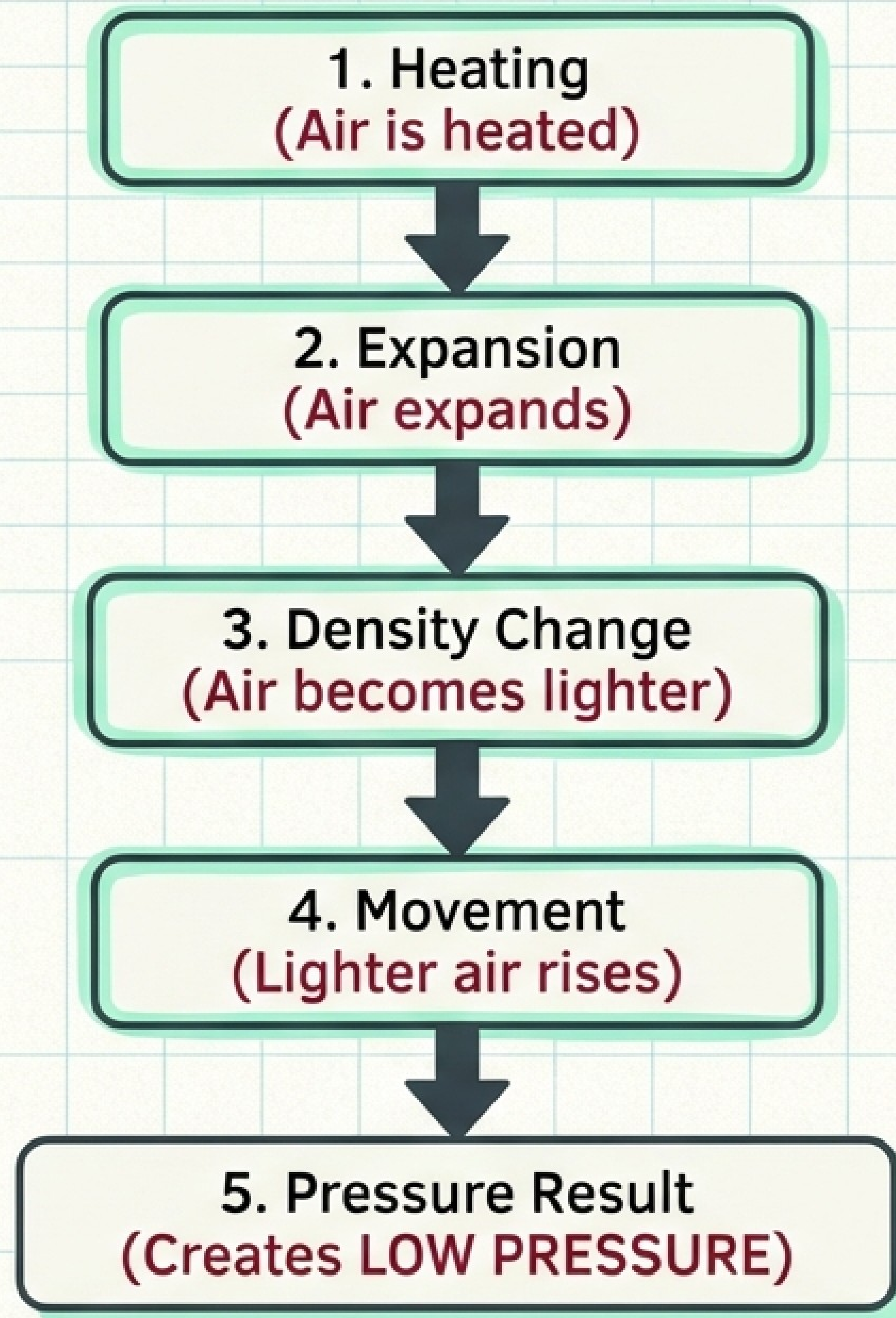
## Change of State

**Solid → Liquid:**  
Defined as Melting.

**Liquid → Gas:**  
Defined as Evaporation.

*Important!*  
*This also applies to gases!*

# TEMPERATURE EFFECT ON AIR



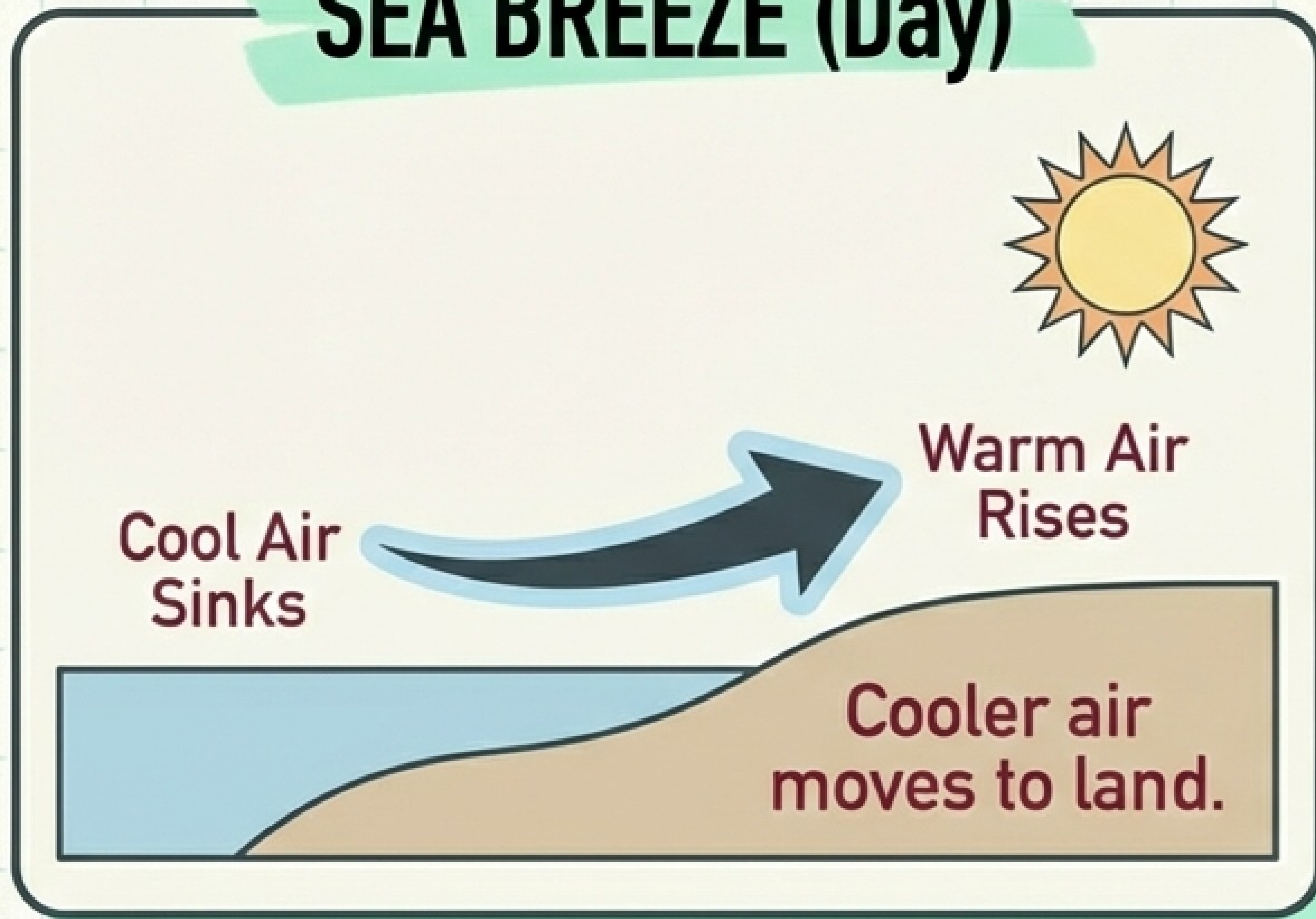
*Key Concept!*

The Inverse: Cool air  
air is heavier -> It  
sinks -> Creates HIGH  
PRESSURE.

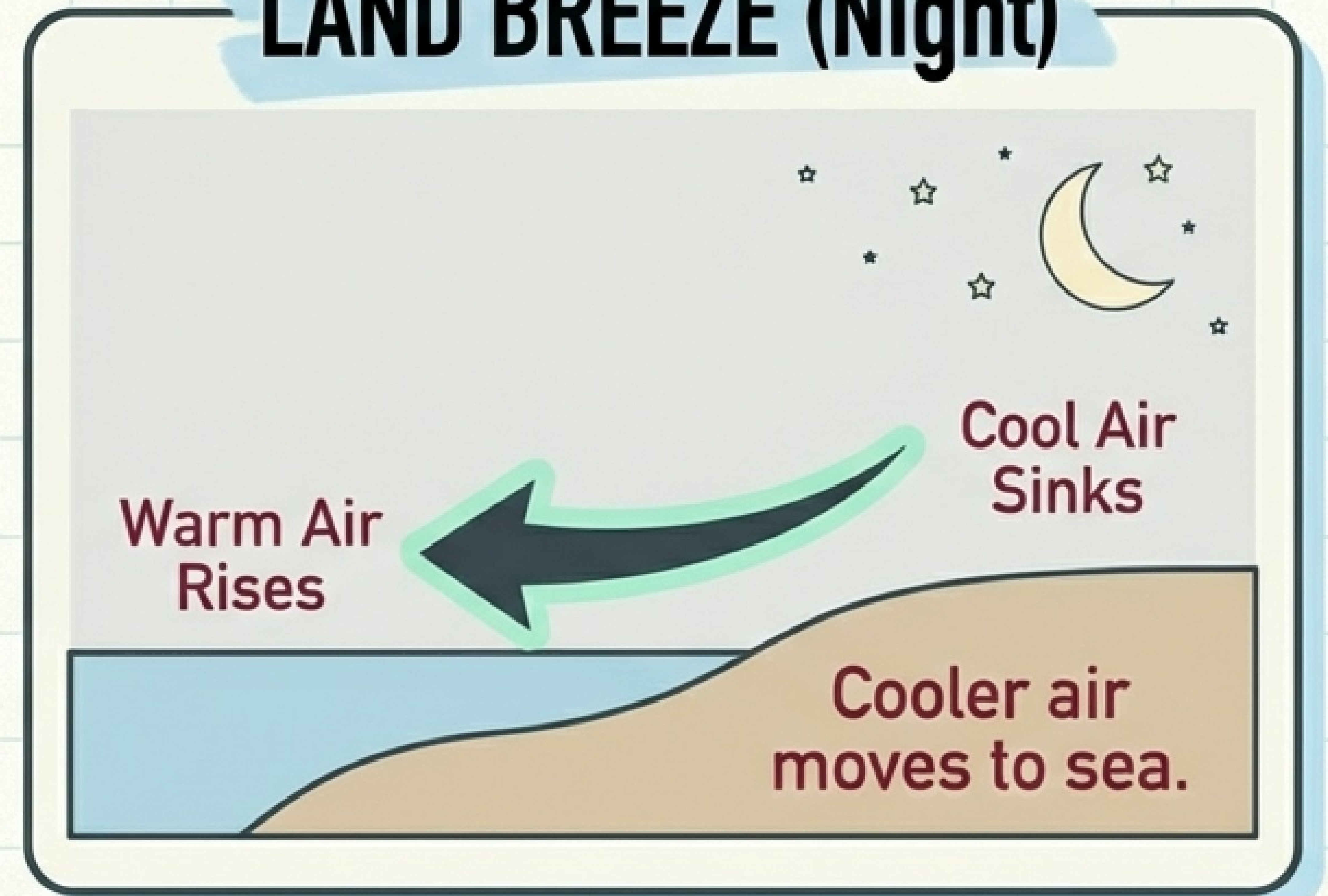
# Weather Patterns: Wind Formation

## Case Study: Coastal Breezes

### SEA BREEZE (Day)



### LAND BREEZE (Night)

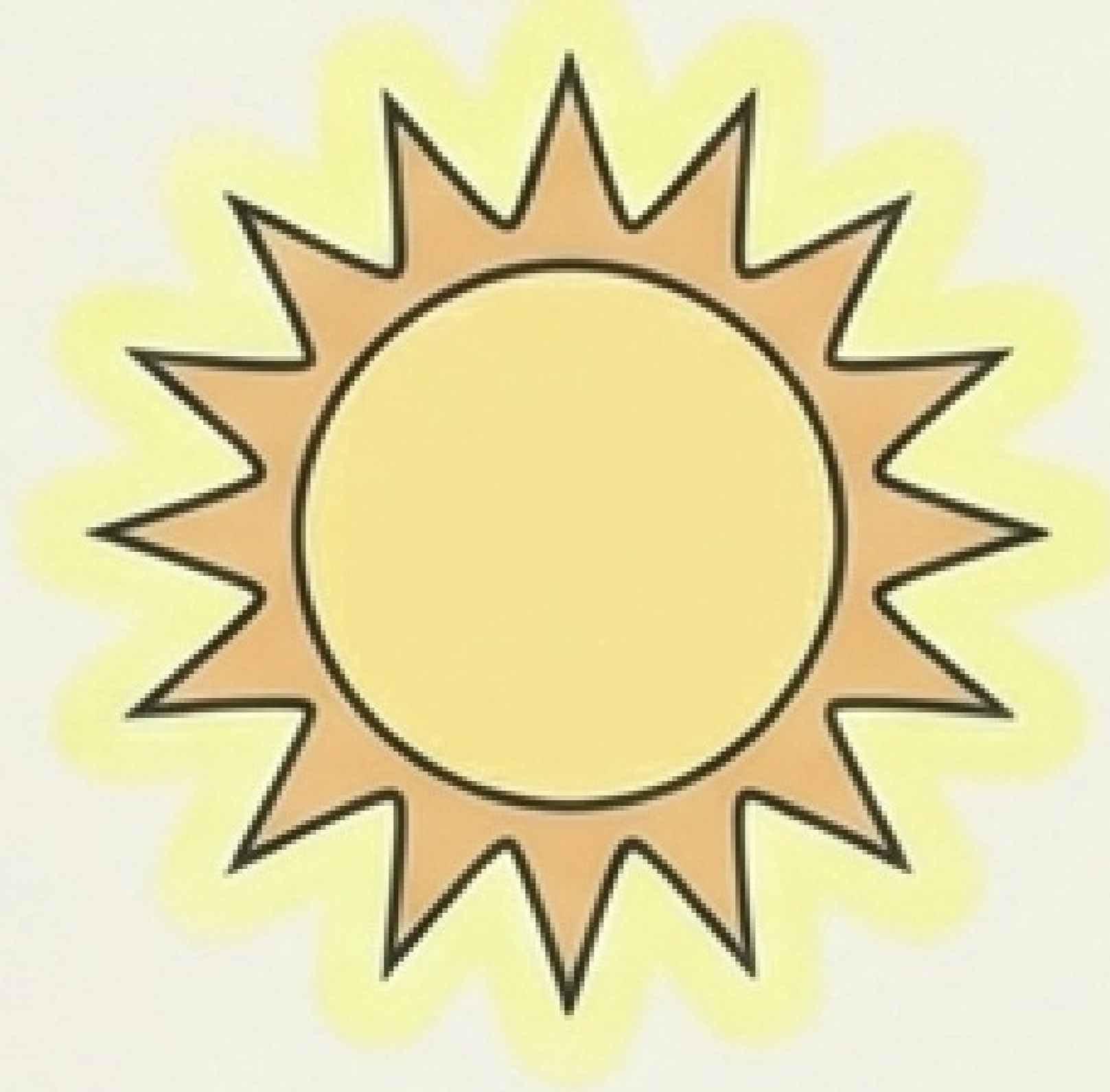


*Core Concept: Uneven heating causes air movement.*

# Sources of Heat Energy

## 1. THE SUN

The main source of heat energy for the Earth.



## 2. BURNING FUELS

Chemical energy released from coal, petrol, and diesel.



## 3. ELECTRICITY

Used in heaters and appliances.



## 4. FRICTION

Heat generated by motion, such as rubbing hands together.

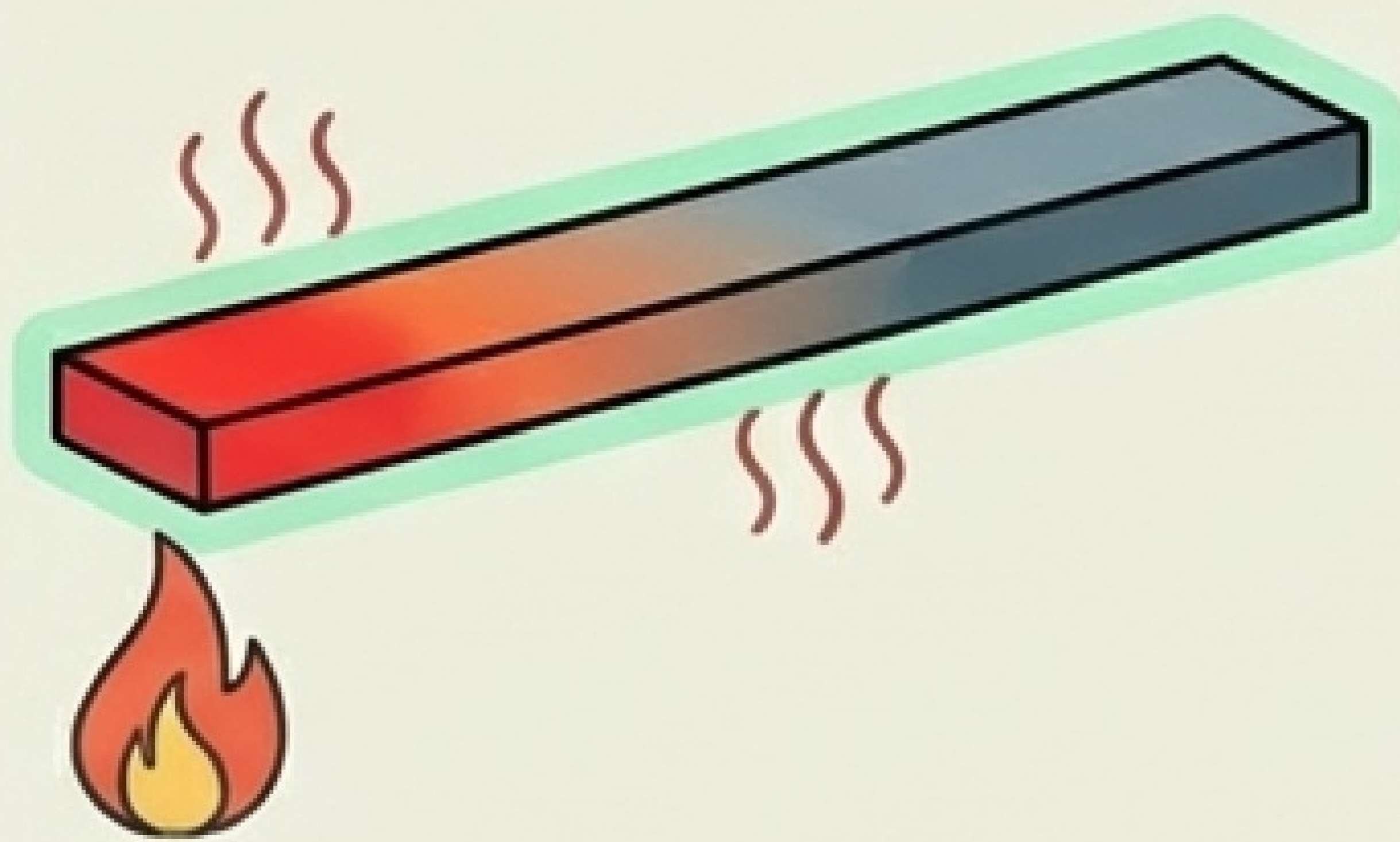


*Friction creates heat!*

# Modes of Heat Transfer

## CONDUCTION

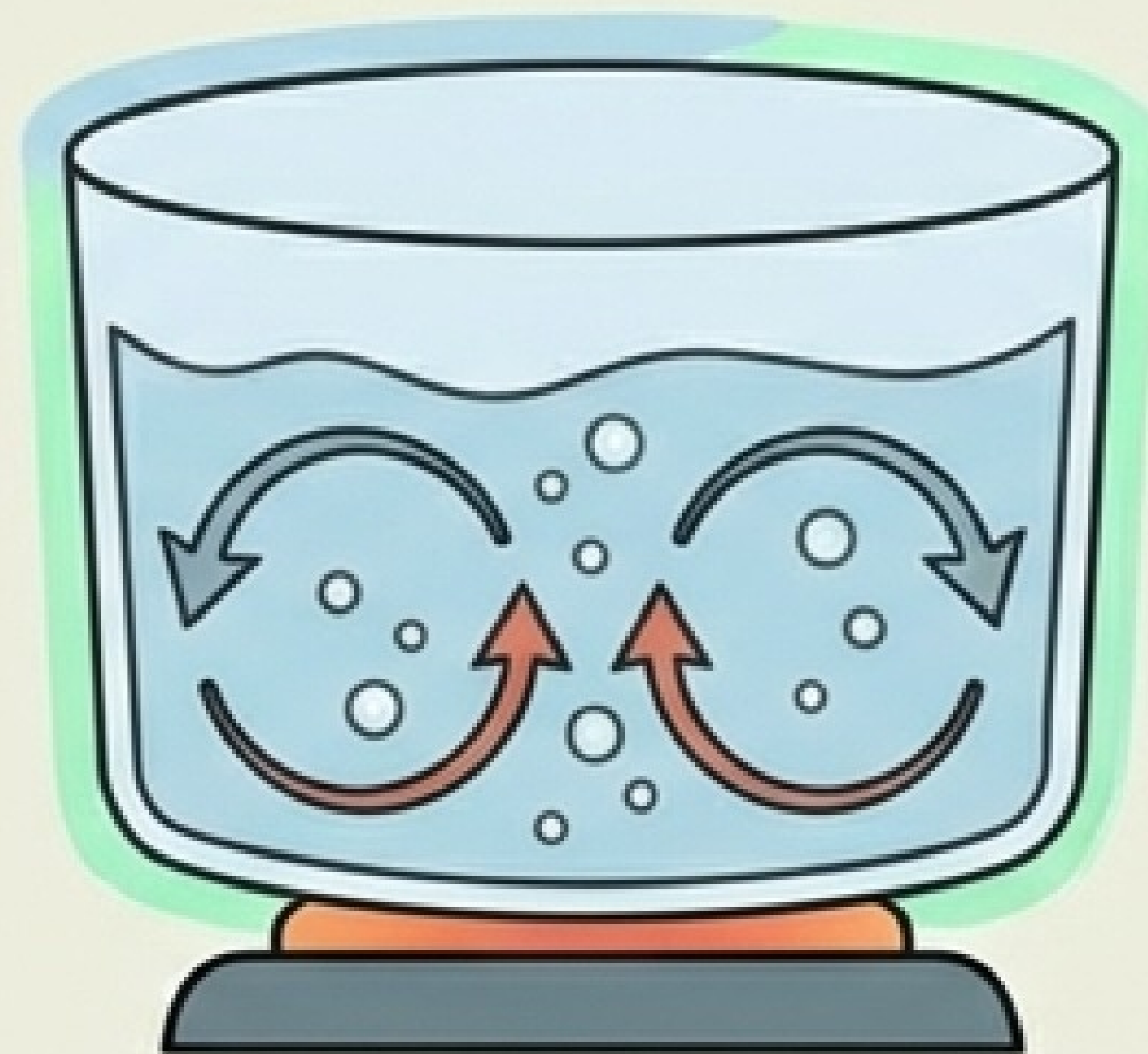
Occurs through  
SOLIDS.



*Heat transfer via direct contact.*

## CONVECTION

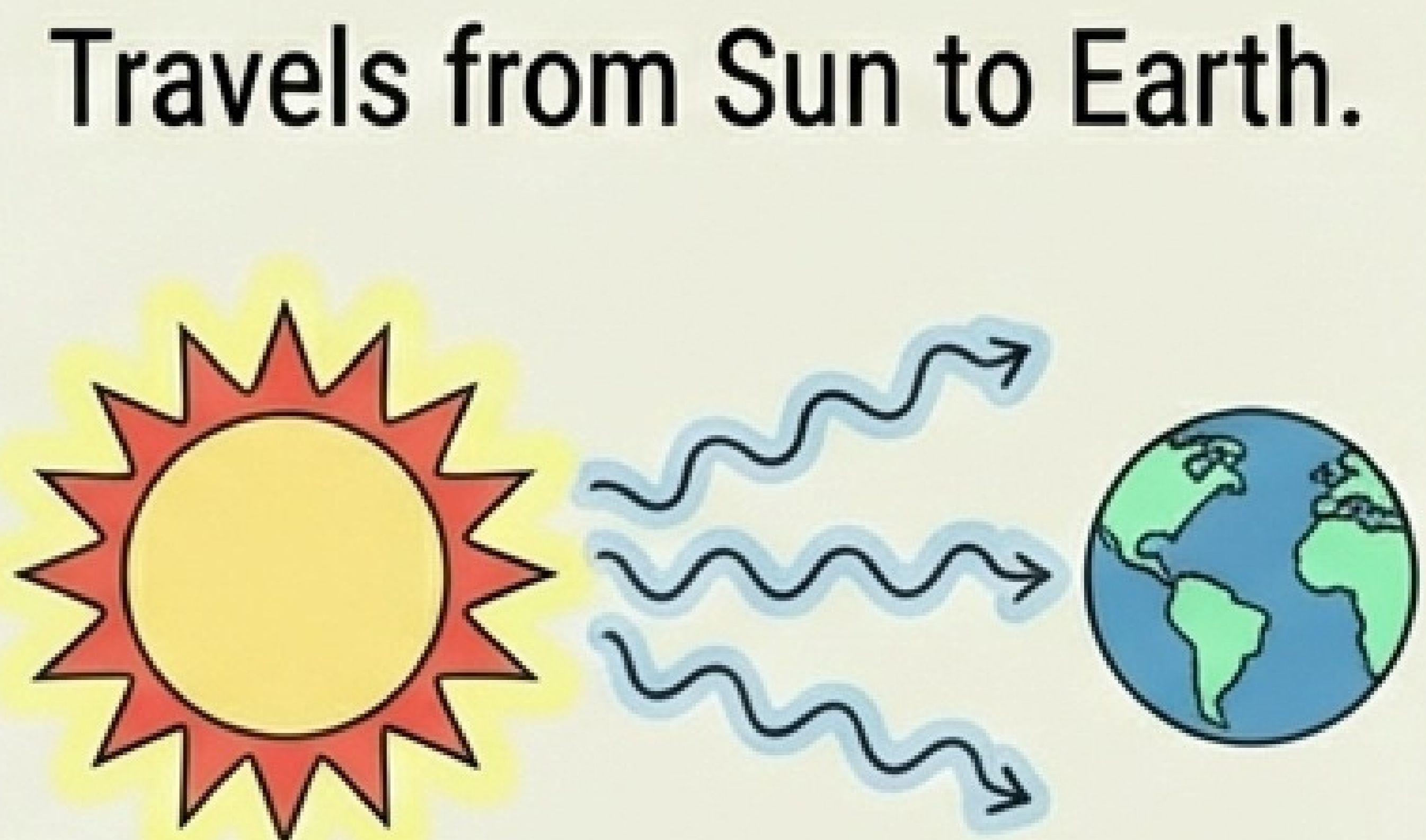
Occurs through FLUIDS  
(Liquids & Gases).



*Fluid movement carries heat.*

## RADIATION

Occurs through  
EMPTY SPACE.



*Travels from Sun to Earth.*

*No medium required.*

*Core Concept: Heat moves in different ways depending on the medium.*

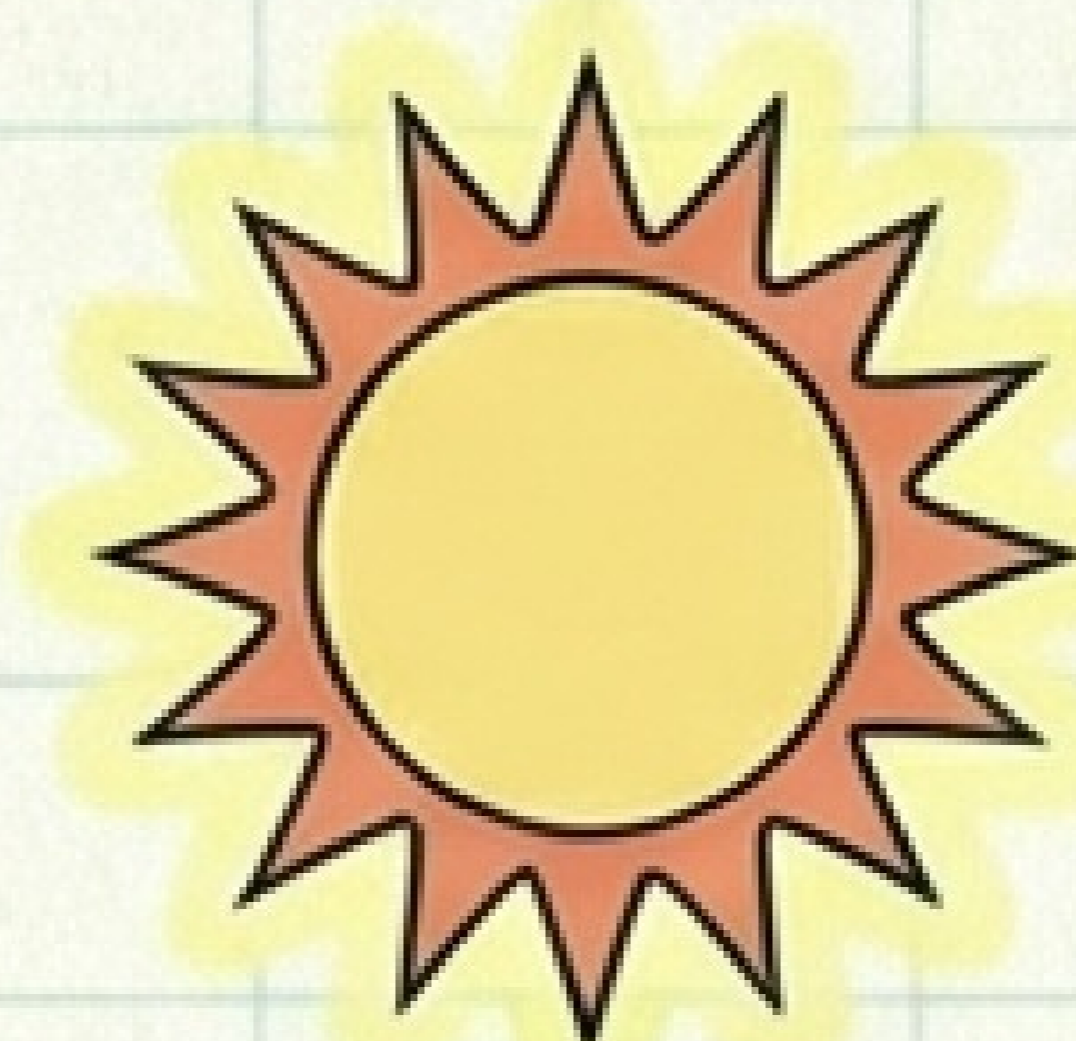
# Heat and the Environment: Essential Systems

Solar heat is the engine that drives planetary systems.

## Water Cycle

Powered by solar heat (Evaporation).

*Clouds & Rain!*



## Wind Formation

Driven by uneven heating of air.

*Air currents & storms.*



## Climate Patterns

Established by global heat distribution.



*Polar vs. Tropical zones.*



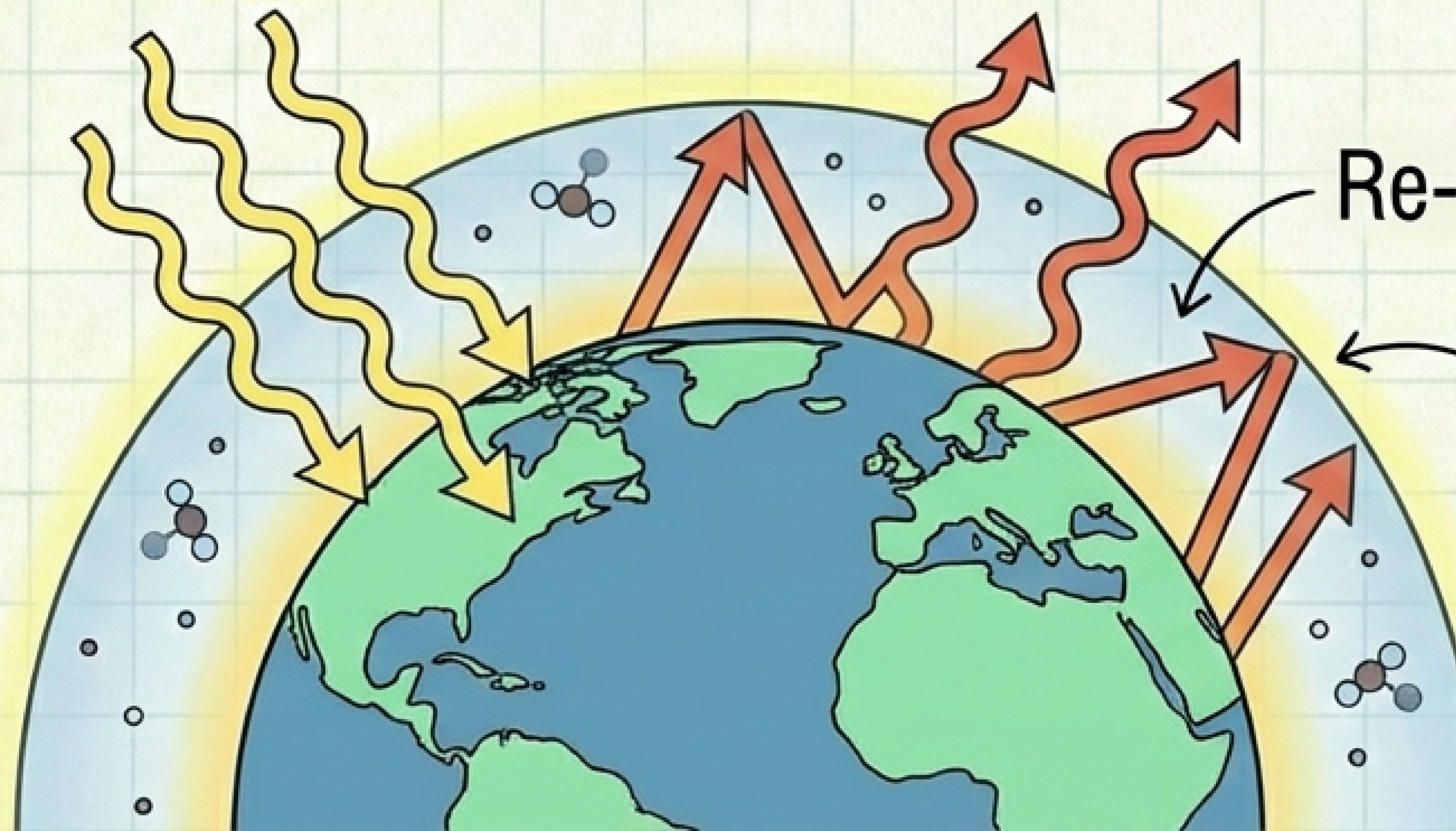
# Environmental Impact: Global Warming

**The Problem:** Excess heat is being trapped in the atmosphere.

**The Cause:** The presence of greenhouse gases.

**The Result:** A global rise in temperature known as **GLOBAL WARMING.**

Solar Heat



Re-radiated Heat

*Heat trapped by  
greenhouse gases =  
Global Warming.*

*Essential for life, but  
excess causes problems*

# Knowledge Check: Quick Quiz

**Q1: Heat flows from:**

- a) Cold to hot
- b) Hot to cold ✓**
- c) Same temperature
- d) None

**Q2: Warm air rises because it is:**

- a) Heavier
- b) Lighter ✓**
- c) Colder
- d) Denser

**Q3: Heat from the Sun reaches Earth by:**

- a) Conduction
- b) Convection
- c) Radiation ✓**
- d) Friction

↖ *Self-assessment!  
Check your understanding.*

↖ *Answers highlighted.*

# Knowledge Check: Answer Key

## Answer 1:

b) Hot to cold ✓

*Why?* Heat flows due to temperature difference.

## Answer 2:

b) Lighter ✓

*Why?* Heated air expands and becomes less dense.

## Answer 3:

c) Radiation ✓

*Why?* Travels through the empty space of the vacuum.

↖ Review your notes if you got any wrong!

↗ Great job! Keep learning!

# Revision Summary

**'Heat is a flowing form of energy that shapes our environment—from the molecular movement in solids to the global patterns of our climate.'**

**End of Revision Notes**